**Overview of PSHE:**

We offer a progressive and spiral scheme of learning. We ensure that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate.

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Foundation Stage:** | | | | | | |
| **Nursery** | EYFS framework – PSED | | | | | |
| **Reception** | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |
| **Key Stage One:** | | | | | | |
| **Year 1:** | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |
| **Year 2:** | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |
| **Key Stage Two:** | | | | | | |
| **Year 3:** | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |
| **Year 4:** | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |
| **Year 5:** | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |
| **Year 6:** | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |